

**INSURANCE & MEDICAL WAIVER
FORM**

Medical Information:

Any health conditions that the Colonial forge High School Lacrosse Camp Staff should be aware of:

(Circle which applies) **YES NO**

If so, please explain:

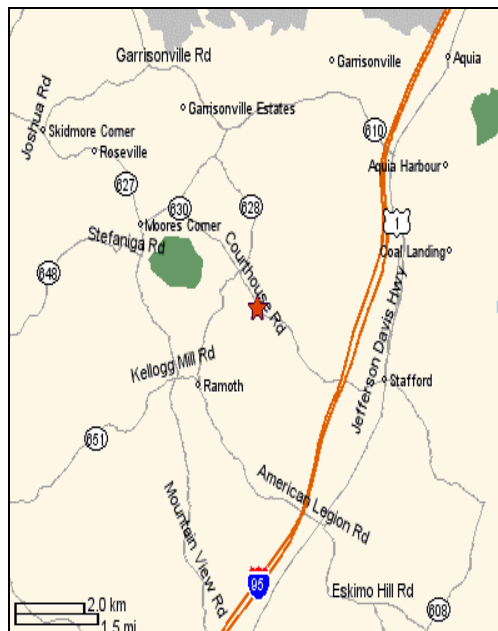
Family Health Insurance:

Company Name:

I hereby authorize any actions, which may be advised/recommended by an athletic trainer, physician or other health care provider attending my child during the camp. I acknowledge that my child may sustain physical illness or injury (minimal, serious, or catastrophic: in connection with this camp. I agree to indemnity and hold harmless Colonial Forge High School Lacrosse Staff and administration from and against any claims for personal illness or injury that my child may sustain during camp, regardless of cause, including negligence on the part of any person identified above. I also give the Colonial Forge High School Lacrosse Program permission to utilize any photograph of my child for promotional use. I also understand that my child must abide by the camp/high school rules, regulations and the code of conduct developed for this camp. I also understand that my child's failure to adhere to the rules, regulations and code of conduct may result in immediate dismissal from camp, with no refund, and I will be responsible for providing transportation home once I have been notified.

Parent or Guardian Signature:

**Directions to Colonial Forge
High School**



From I-95 take exit 140 West onto Courthouse Rd. Travel approximately 2 ½ miles to the school which is on the left hand side.

"DARE TO SOAR"



**Colonial Forge
High School
Lacrosse
Camp**



July 23 – July 26, 2007
(July 27 will be used as a rain date)
5:30-8:30pm
at
Colonial Forge H.S.
550 Courthouse Road
Stafford, Virginia
22554

Team Website:
<http://etamz.com/cfhslox.com>

OBJECTIVE:

The purpose of this camp is to assist young people in improving their lacrosse skills, whether they are a beginner or an experienced player.

The camp will provide individualized attention to all players in basic skills such as: catching, passing, dodging, shooting, scooping ground balls, blocking, poke checks and other skills relative to the individuals' position.

Each day will include mini games, where the campers will be able to use the skills learned in game situations.

CAMP HIGHLIGHTS:

- Shooting Contests
- Coaches vs. Campers Game
- Daily Prizes
- Each camper will receive a penny to be worn at camp that they can keep.
- Water will be provided for all campers, however Gatorade will be available to purchase.

FACILITY:

CFHS Lacrosse Practice Field

CAMP STAFF:

Colonial Forge Coaches and Varsity Players

DATES:

July 23-July 26, 2007
(July 27 will be used as a rain date, in case camp is cancelled on a scheduled day due to bad weather)

TIME:

5:30-8:30 PM

AGES:

7-15 years of age

COST:

\$50.00 per camper payable to "Colonial Forge Lacrosse"

REGISTRATION TIME:

4:30-5:30 pm, July 23, 2007

ITEMS TO BRING:

- Football cleats
- Tennis Shoes (in case we go indoors)
- Athletic Socks
- Shorts and T-shirt
- Stick (if possible)
- Helmet (if possible)
- Shoulder Pads (if possible)
- Arm guards (if possible)
- Gloves (if possible)

**LACROSSE CAMP
REGISTRATION FORM**

Camper's Name: _____

Camper's Age: _____

School Attending (2007/2008 school year):

Home Address: _____

Phone No. Home: _____

Work: _____

T-shirt Size (adult): S M L XL

*** Please circle student's shirt size**

EMERGENCY INFORMATION

Contact: _____

Home Phone: _____

Cell Phone: _____

Parent/Guardian Signature:

**Please make all checks payable to:
Colonial Forge Lacrosse**

**Please send Registration Form & Fees to:
Blair Penny
Head Lacrosse Coach/Camp Director
550 Courthouse Rd.
Stafford, VA 22554
E-Mail: forgelacrosse@aol.com**