

## INSURANCE WAIVER FORM

In consideration of my application being accepted I, intending to be legally bound, for myself, my executors and administrators, waive and release and forever discharge any and all rights and claims for damage which I may hereafter accrue against Colonial Forge Basketball Staff or the Stafford County School Board. I waive all claims against Stafford County employees and administrators, successors and/or assigned camp staff, for any and all damages which may be sustained or suffered by me in connection with my association with or participation in and/or rising out of my travel to and from the Basketball Fundamentals Camp on the campus of Colonial Forge High School.

I, the parent/guardian of \_\_\_\_\_ do hereby agree to the above waiver and release.

Parent/Guardian \_\_\_\_\_

Signature \_\_\_\_\_

Phone number \_\_\_\_\_



## MEDICAL CONSENT

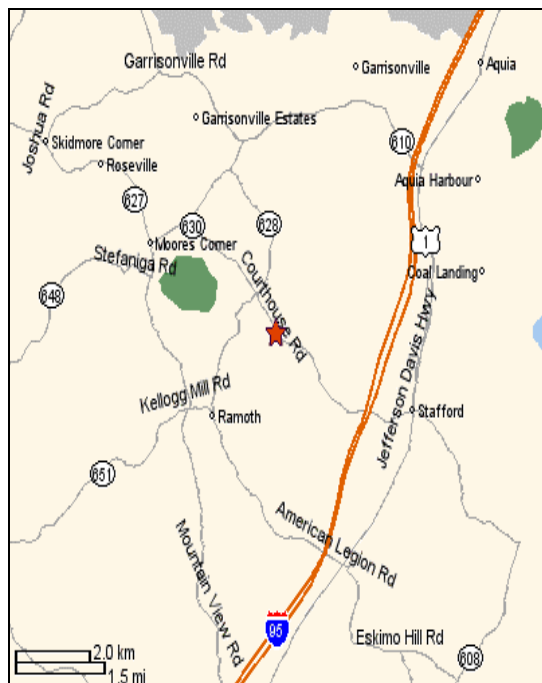
Camper's Name \_\_\_\_\_

Permission is hereby granted to the attending physician to proceed with any medical or minor surgical treatment, x-ray exam and immunization for the above named camper. In the event of a serious illness, the need for major surgery or significant accidental injury, I understand that an attempt will be made to contact me in the most expeditious way possible. If said physician is not able to communicate with me, my signature authorizes the treatment necessary for the best interest of the above named child. In the event that an emergency arises during a camp session, an effort will be made to contact the parents or guardians as soon as possible. Permission is also granted to the camp staff rescue squad to provide the needed medical treatment to the camper prior to their admission to any medical facilities.

Name of Family Physician \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

## Directions to Colonial Forge High School



"DARE TO SOAR"



# COLONIAL FORGE HIGH SCHOOL BASKETBALL FUNDAMENTALS CAMP



**JUNE 25<sup>TH</sup> – JUNE 29<sup>TH</sup> 2007**

**9:00 A.M. TO 2:00 P.M.**

**AT**

**COLONIAL FORGE H.S.  
550 COURTHOUSE ROAD  
STAFFORD, VIRGINIA**

**22554**

**Team Website:**

<http://etteamz.com/cfhseaglesbasketball/>

**Ages:** Boys: Grades 3 - 11

**Fee:** \$100 per camper

**Objective:** We strive to teach the FUN-damentals of the game with individual attention given to each camper. Players will be grouped according to age, size, and ability in order to focus on the appropriate fundamental skills. The camp will provide a fundamental base for each player and will also be a fun and enjoyable experience for each and every camper!

**Camp Highlights:**

- Free Throw Shooting Contest
- Three Point Contest
- Hot Shot Contest
- Knock Out Contest
- All Star Game
- Campers Vs Coaches Game
- Guest Speaker

**Facility:** Air-conditioned Gym

**Meals:** There will be food available to purchase during scheduled breaks: Hotdogs, Pizza, Nachos, Drinks, Snacks. Players should bring their own lunch if they don't plan on buying food that day.

**Camp Staff:** Colonial Forge Coaches and Varsity Players

**Colonial Forge Basketball Camp**

**PROGRAM DETAILS**

- 130 campers attended last year's camp.
- Our Camp will emphasize the FUN-damentals of basketball with individual attention given to each camper. The campers will be taught the basic techniques of shooting, dribbling, passing, rebounding, and defense. The camp will not only provide a fundamental base for each player, but will also be a fun and enjoyable experience for every camper.
- We begin each day at Camp implementing our FUN-damental station workouts. During this time our coaches work with the campers on developing their individual basketball skills. We want to make the most of every day and we do that with enthusiasm and a positive attitude. Learning is FUN!
- We have a minimum of three contests per day. These include free throws, knockout, and our most popular, shooting for daily prizes. Our contests are designed to give every camper a chance to be successful and feel good about themselves.
- We play full-court games almost exclusively. We believe that this is the best way for young players to apply what they have learned during their station work. We teach our campers to play team basketball. We want everyone to play hard, play smart, and possess outstanding sportsmanship.
- At the end of the camp session, we have an Awards Ceremony that parents are encouraged to attend. Campers have a chance to earn various awards such as Most Improved Camper, Hustle Award, Camp MVP, Team Awards, and others. Campers who participate in camp receive their own personal CFHS Basketball Camp T-shirt.

**Registration Form**

Camper's Name: \_\_\_\_\_

Camper's Age: \_\_\_\_\_

School Attending: \_\_\_\_\_

Home Address: \_\_\_\_\_  
\_\_\_\_\_

Phone No. Home: \_\_\_\_\_

Work: \_\_\_\_\_

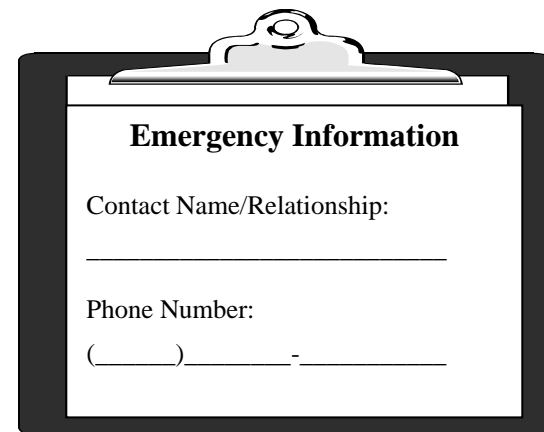
T-shirt Size (adult): S M L XL

**\* Please circle student's shirt size**

Parent/Guardian Name  
\_\_\_\_\_

**Please make all checks payable to:  
Colonial Forge Boy's Basketball**

**Send all correspondence to:**  
Bryan Zarzedez: Varsity Basketball Coach  
Email: BZARD44@Hotmail.com  
Colonial Forge High School (540) 658-6115  
550 Courthouse Rd.  
Stafford, Virginia 22554



**Emergency Information**

Contact Name/Relationship:  
\_\_\_\_\_

Phone Number:  
(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_